



# Lyndon

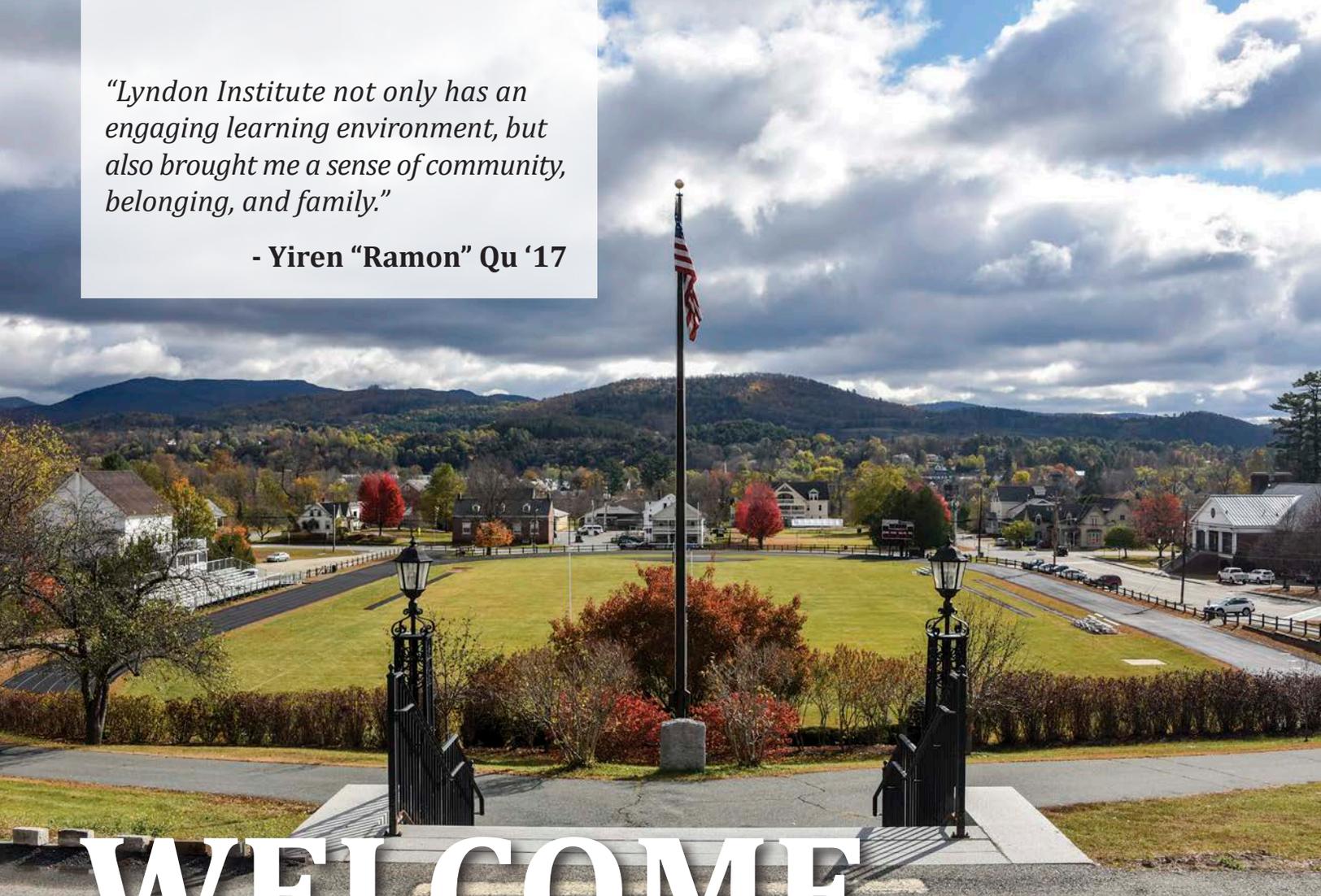
I N S T I T U T E

VIEWBOOK



*“Lyndon Institute not only has an engaging learning environment, but also brought me a sense of community, belonging, and family.”*

**- Yiren “Ramon” Qu ‘17**



# WELCOME

**THANK YOU** for your interest in Lyndon Institute! LI is an independent, comprehensive day and boarding high school located in the Northeast Kingdom of Vermont. At Lyndon Institute we provide our students with a learning environment that encourages creativity, critical thinking, inquiry, and reflection, allowing them to find their passion in a caring and supportive environment. It is our purpose to help all students reach their intellectual, creative, and physical potential.

I invite you to visit Lyndon Institute to explore our beautiful campus, meet our dedicated faculty and some of our current students, and to consider all that we have to offer. Follow our purpose and find your passion!

Sincerely,  
Twiladawn Perry  
Head of School



## At a Glance

**Year Founded:** 1867

**Number of Faculty:** 55

**Student to Teacher Ratio:** 10:1

**Motto:** Per Aspera Ad Astra  
“Through Hard Work You Reach The Stars”

**Uniform required?** No

**College Placement:** Our students are being accepted at America’s “Top 100” colleges and universities ranging from the Ivy League to excellent liberal-arts colleges to national research universities.

**Number of Courses and AP® Courses:** 150 courses, 16 AP® courses, and 12 dual enrollment.

**January Term:** Between the first and second semesters, for the first two to three weeks following the holiday vacation, students participate in an interim term to immerse themselves in either an intensive study of subjects of their choosing or an internship.

**Athletic & Extracurricular Programs:** There are nearly 70 interscholastic athletic teams, extracurricular clubs, programs, and activities available at Lyndon Institute. Athletic teams have worked hard to win over 26 State Championships since 2000.

**Visual and Performing Arts Courses:** There are over 20 visual and performing arts courses offered at Lyndon Institute. These include chorus, band, jazz band, world music, AP®

Music Theory, acting, theater company, dance company, digital photography, studio art, drawing, graphic arts, painting, and printmaking, among others.

**World Languages:** Lyndon Institute offers multi-level instruction in Spanish, Latin, Greek, and French.

**Our Community:** Lyndon Institute prides itself on being a positive presence and contributing member of the community. Our students participate in a number of community service projects. Several on-campus amenities are available to the public: the Bob Heath Track (for fitness walking and running); the Simpson Nature Trails (hikes and picnics); the athletic fields (for youth programs); and other facilities host performances and continuing education programs. The United Health Foundation has rated Vermont among the top healthiest states in the United States for over ten consecutive years. Vermont has also long been listed as one of the safest states in the nation.

**Nearby Recreation:** Lyndon Institute is located 10 minutes from Burke Mountain, an international Alpine ski resort and Kingdom Trails, an extensive trail network for nonmotorized, multi-use recreation activity such as mountain biking (year-round), hiking, Nordic skiing, and more.

*\* Advanced Placement® is a registered trademark of the College Board. Used with permission.*

## History

**FOUNDED IN 1867**, Lyndon Institute is dedicated to providing a unique educational experience for our students that leads to a lifetime of learning and good citizenship. We are an independent and comprehensive high school for grades 9 – 12, offering a 150-course curriculum specializing in core and honors academics, fine and performing arts, and technical and career programs. Our goal is to provide thoughtful and rigorous preparation for our students to help them reach their intellectual, creative, and physical potential. Our learning community is comprised of 600 students; 90% are day students from dozens of area towns and villages, and 10% are international and domestic boarding students from over 20 countries. The main 130-acre campus hosts 34 buildings, including the Main Building, Alumni Gymnasium and 650-seat Alumni Auditorium, the Elliott Memorial Library, the John L. Norris, Jr. Center for the Arts, the Monahan Academic Commons, the Vail Student Center, and seven dormitories. The 300-acre Binney Woods forest, located on Burke Mountain, provides outdoor recreation and educational opportunities. Our school is located in the scenic, and historic area of Vermont called the Northeast Kingdom. Vermont’s Northeast Kingdom is revered by residents and visitors alike for its lovely countryside, abundant natural resources, and the preservation of traditional landscapes and lifestyles that have made the Vermont experience one to be cherished.





# ACADEMICS

**OVER 90%** of our graduating seniors have plans to further their education. LI students enjoy personal attention from an accomplished and devoted faculty, genuine respect for their individuality and unique talents, a truly inclusive environment, and outstanding preparation for their choices of colleges or careers.

Using standards-based instruction crafted from state, national, and institutional standards, we create a shared focus on instruction that helps all students achieve college and career readiness.

Our academic team offers a multi-tiered instructional framework that offers a multitude of resources to address each individual student's academic needs. The supports vary in intensity, allowing for timely interventions for each student. We strive to provide targeted and differentiated instruction at the earliest indication of student need at a level of intensity that is responsive to that need.

Lyndon Institute is a member of the Vermont Virtual Learning Cooperative that works with Vermont schools to facilitate online courses ([vtvlc.org](http://vtvlc.org)). We are also a partner with Project Lead The Way, the nation's leader in STEM education ([pltw.org](http://pltw.org))



## Academic Areas

*Lyndon Institute provides robust educational offerings within five academic areas:*

**Humanities:** English and Social Studies

**STEM:** Science, Technology, Engineering, and Math

**World Languages:** Latin, Greek, French, Spanish, and ESOL (English for Speakers of Other Languages)

**Career and Technical Education:** Career Sciences, Vocational Pathways, and Fine & Performing Arts

**English for Speakers of Other Languages (ESOL):** International program and multi-level ESOL courses

*Additional key offerings available to Lyndon Institute students:*

**January Term:** Recognizing that student interest and motivation are vital to educational success, Lyndon Institute provides a January Term aimed at sparking student curiosity.

Between the first and second semesters, for the two weeks after the holiday vacation, students participate in an interim term to immerse themselves in either an intensive study of subjects of their choosing or an internship.

The areas of study are constructed to reflect the passions of our students and faculty. The courses share many of the following attributes and themes:

- Hands-on, applied, active, and creative learning activities
- Trips to subject and topic related sites
- Opportunities to learn, practice, and create tools related to a specific discipline or trade
- Career explorations within a field of study
- Seminars with professionals and/or experts in the field of study
- The development of community and relationship
- The development of a deeper understanding of the Lyndon Institute Mission, Vision, and Values

The objective of January Term is to allow every student to create an artifact, or final product, which reflects the acquisition of skill and knowledge in the field of study. These artifacts are measured against predefined course requirements and objectives and may include: formal presentations, creation of web page resources, certification in a field, a business plan, a journal, a publication, performances, videos, or a product of some type.

**College and Career Planning:** Lyndon Institute provides comprehensive resources to help students plan for their future. We explore student interests, skills, and values and use those considerations to help students develop their personal college and career plan. We further assist them in related application processes, or similar, to help ensure their future success.

**LI students enjoy personal attention from an accomplished and devoted faculty, genuine respect for their individuality and unique talents, a truly inclusive environment, and outstanding preparation for their choices of colleges or careers.**





# FINE AND PERFORMING ARTS

**OUR FINE AND PERFORMING ARTS** program consists of over 20 courses in chorus, band, jazz band, world music, AP<sup>®</sup> Music Theory, acting, the LI Theater Company, the LI Dance Company, digital photography, AP<sup>®</sup> Studio Art, drawing, pottery, graphic design, painting and printmaking. Lyndon Institute welcomes dancers from Vermont and throughout New England for the annual Vermont State Dance Festival held in November. LI is a member of the National Arts Honor Society.



*“My favorite activity is soccer. The team is good and the coach is amazing. During the season, the team felt like a second family.”*

**- Mario Tiscione '17**



# ATHLETICS

**AT LYNDON INSTITUTE**, our focus is on helping the student athlete become a better person, one who has a greater chance for success in life. We are large enough to offer a myriad of activity choices, yet small enough that nearly everyone has an opportunity to participate. Lyndon Institute offers nearly 70 interscholastic athletic teams, extracurricular clubs, programs, and activities. The recent addition of the Lyndon Performance Training Center to our campus features new training and conditioning equipment that can be used to assist students in meeting their fitness and athletic development goals. Over 26 State Championship titles have been achieved since 2000.

## FALL SPORTS

- Cheerleading
- Cross Country
- Field Hockey
- Football
- Golf
- Soccer
- Volleyball
- Mountain Biking

## WINTER SPORTS

- Alpine Skiing
- Basketball
- Cheerleading
- Ice Hockey
- Indoor Track
- Nordic Skiing

## SPRING SPORTS

- Baseball
- Softball
- Track
- Ultimate
- Lacrosse



# CAMPUS LIFE

## The Five-day Boarding Program

LI offers a five-day boarding experience for students who want to attend LI, but live far enough away that commuting daily is not feasible. The five-day boarding program has been a viable option for families who are looking to give their child a valuable residential experience to better prepare them for success in the future.

## The Full Boarding Program

The full boarding program provides a “home away from home” in one of seven beautiful dormitories for students from several countries including Bahamas, Brazil, Canada, China, Czech Republic, Denmark, Germany, Guyana, Italy, Kazakhstan, Mexico, Montenegro, Rwanda, Serbia, Spain, Sweden, Taiwan, Thailand, USA, and Vietnam. The boarding experience adds a new dimension of interaction, dialogue, cultural exchange, and learning. The dormitories are designed to provide a home-like atmosphere with resident dorm parents living in the dormitories to create a safe and welcoming environment. Single and double rooms are available.

## Residential Life Curriculum

The Residential Life curriculum is based on the premise that learning is not limited to the school day; learning also takes place after school. Learning happens in the residence halls, on the playing fields, during recreation time, and when our students are out in the community providing service. We have created a residential curriculum that compliments the school’s mission by instilling skills for students to be successful in school, college, careers, and life. We use the core values of respect and responsibility as a foundation to develop character and the ability to interact and live with other individuals. Other focal points within the dorm curriculum are time management, structured and independent study, stewardship, community service, and involvement and participation in school activities.

## International Students Program

Throughout its history Lyndon Institute has served international students from many different countries. Our mission is to prepare our non-native English speaking students to succeed in both academic and social settings using English. We are committed to meeting the academic and social needs of each student through an individualized, rigorous, comprehensive immersion program of English classes that focus on the student’s language proficiency. The Program centers on building the reading, writing, speaking, and listening skills while developing vocabulary and grammar. Our complete curriculum readies our non-native speakers for taking the TOEFL exam, for success in our academic curriculum, and for the rigors of studying English at the University level.

Lyndon Institute encourages our international students to become involved and take leadership roles in groups and activities outside of the classroom to enhance their real world language skills and enhance their experience in the Northeast Kingdom of Vermont.

*“I am very proud that my son has adapted almost immediately, largely due to the high standards maintained, along with the individual attention given to the students.”*

**- Gloria Corrales, parent**





*"The dorm life is nice. I am around my friends who are like my family here. I don't only experience the USA culture from the dorm students and parents who are from here, I also learn about all the other cultures and countries my friends come from. It is fun to experience and look from other perspectives."*

**- Liv Gahleitner '21**



**AT LYNDON INSTITUTE** our campus lifestyle allows students to engage in learning, connectedness, health and fitness, the arts, and more. Several on-campus amenities are available to students to include the Bob Heath Track, Simpson Nature Trails, athletic fields, and The Vail Student Center which provides a relaxed and welcoming space for Lyndon Institute students to get together after school and on the weekends to play games, exercise, watch TV, work on homework, create, and socialize. Additionally, there are several clubs and programs for students to enjoy.

*The United Health Foundation has rated Vermont among the top healthiest states in the United States for over ten consecutive years.*

# OUR COMMUNITY

**IT HAS TAKEN NEARLY A MILLION YEARS** to form the definitive region known as “Vermont’s Northeast Kingdom.” Over the eons, the Kingdom’s land has been sculpted by collisions of continents, glacial activity, and natural erosion into a distinctive foundation of rolling hills, rising mountains, and pristine lakes. Time and human habitation have softened the edges, leaving beautiful forests, lush pastures and meandering streams, as well as picturesque villages, enduring farmsteads, and impressive historic edifices. Today, the Kingdom is regarded as one of the most beautiful landscapes in the country, and it is here, within this very special region, that Lyndon Institute was established 150 years ago. Within the Northeast Kingdom you will find Lyndon Institute nestled in the Town of Lyndon. Founded in 1780, Lyndon is a quintessential

Vermont village, located along the Passumpsic River, resplendent with country inspired architecture, working farmland, and a rich diversity of art, entertainment, and event offerings throughout the year. Our school is a key educational and cultural resource for this special community. Our students participate in a number of community service projects and we are deliberate in our efforts to ensure that many of our on-campus amenities are readily available to the public. Thousands of LI alumni are located throughout the world, many of whom frequently travel back to campus not only to celebrate Lyndon Institute Homecoming, Alumni Reunion, and Commencement weekends, but also to enjoy all of the wonderful offerings of this very special community and region.



*The National Geographic Society named the Northeast Kingdom of Vermont as the most desirable place to visit in the United States.*



Lyndon Institute is located minutes from Exit 23 on Interstate 91.

3 hours from Boston

2 hours from Montreal

6 hours from New York City

## Weather

Summer: 50-80° F

Spring/Fall: 30-60° F

Winter: 20-35° F

A few inches to a few feet of snow is not uncommon in our region during the winter. Students will want to have appropriate clothing for the winter months.

*\* Temperatures based on overall averages*

## Local Population

Downtown Lyndonville: 1200

Town of Lyndon: 6000

## Safety

Vermont has the lowest property crime and violent crime rates in the United States.

*\* Source: safewise.com*



## January Term

Hands-on  
Project-Based  
Learning



*Arts, Clubs,  
Athletics,  
& More*

Let Your  
Talents Shine



*Lyndon  
Learning  
Collaborative*

Earn Free  
College Credits

## STEM

Learn New Ways to  
Advance and Change  
Our World



## HUMANITIES & WORLD LANGUAGES

Advance Your  
Scholastic Knowledge  
with Real-World  
Application

Career Science

&

Vocational  
Pathways - CTE

Job Skills to  
Take into the  
Workforce



**Lyndon**  
INSTITUTE

We invite you to schedule a  
tour to experience all  
that LI has to offer.

Whether a student is getting hands-on experience in the classroom, in the workshop, on the playing fields, or in extracurricular activities, we believe that students learn "by doing" and we strive to offer multiple opportunities for our students to create, discover, make, build, and explore.

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